

40 YEARS IN BUSINESS

Masula Chiropractic

Neurology & Family Wellness

The Masula Chiropractic mission: "Integrate the best of chiropractic and functional neurological rehabilitation providing the highest quality of healthcare; to restore each patient to optimal health and well-being; to recognize the value of all we come in contact with; and to give unselfishly our time and talents to our families, associates, and our community." The Masula practice is family oriented, treating all ages from newborns to those that have already lived a full life. Individualized care plans are developed to help patients restore as much quality of life as possible without pain. Dr. Masula and Dr. Wyatt will work to correct the cause of your condition and maintain your health, with you as an active participant.



Larry E. Masula, D.C. DACNB, FAVRB,
FAFICC

Diplomat American Chiropractic
Neurology Board
Fellow American Vestibular Rehabilitation
Board
Fellow Academy of Forensic and Industrial
Chiropractic Consultants



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MASULACHIROPRACTIC.COM

36 YEARS IN BUSINESS

The Center For Spiritual Living, Chico

THE CENTER FOR SPIRITUAL LIVING, CHICO is a contemporary, metaphysical and holistic spiritual community.

- A community where all life is honored as expression of the Divine
- Supporting individuals on their spiritual journey to hear and discover the Wisdom within
- Inspiring and empowering people to live their Spiritual Magnificence!
- Valuing Spiritual Growth, Unity and Connection
- Demonstrating Love, Joy, Peace, Harmony and Justice for all
- Learning to live mindfully, spiritually - in a Higher State of Consciousness in Action



14 HILLARY LANE • CHICO • (530) 895-8395
CSLCHICO.ORG  

9 YEARS IN BUSINESS

Marisa Smiley

Owner

Teaching people how to reach lifestyle goals and to stay active, even in the face of health challenges or chronic pain, is a big part of what Strong Again offers. Showing individuals how to modify movement by adding to their resources through Yoga (Yoga means to yolk the body, heart and mind) and blending in other fitness modalities as complimentary training, has been a successful model for many of my clients.

Transformation starts when you stop ignoring pain and create healthy habits. Making intelligent and safe changes in movement patterns with awareness of alignment within your exercise regime and daily activities can increase over all well-being and health. This sets the stage for increased enjoyment in life's activities. Helping you build and integrate a well-rounded fitness platform that takes into consideration any special challenges and concerns is my specialty. Whether rekindling your strength or fanning your internal flames,



Strong Again offers individual sessions and small group classes with attention to the individual needs and goals of each client.

Now offering an updated schedule of classes. Please visit our website and facebook



1916 OLEANDER AVE. • CHICO • 530-864-7758
STRONGAGAINYOGA@GMAIL.COM

33 YEARS IN BUSINESS

The Iversen Wellness & Recovery Center & Med Clinic

The Iversen Wellness & Recovery Center offers an environment of inclusiveness, recovery, and wellness to adults living with persistent mental illness. It is a stigma-free environment offering activities, groups, and social support opportunities. The Iversen Center promotes and encourages tolerance, acceptance, and growth within its members that reflects respect for diversity and differences. All services (with the exception of Med Clinic) are FREE and open to members of the public 18 and over.

Join our email list for calendars, newsletters, and updates! Email us: iversen@nvcss.org

The Iversen Center is supported by Butte County Department of Behavioral Health and MHSA funding.

Recovery oriented activities and services include:

- Peer-Led Groups and Activities
- Peer Support
- Wellness Recovery Action Plan



- (WRAP) Groups
- Socialization
- Med Support (through Butte County Behavioral Health)
- Computer Lab

**Iversen Wellness
& Recovery Center**



**Northern Valley
Catholic Social Service**
INSPIRING HOPE & TRANSFORMING LIVES

492 RIO LINDO AVENUE // CHICO
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NVCSS.ORG/PROGRAMS/IVERSEN