of water through our architecture."

Patient rooms will enhance rest and privacy by minimizing disturbances. Wentz said each new room is designed for a single patient only, with a windowed space enabling nurses to look in on the patient without needing to open the door.

The new tower will connect to the existing hospital through the lower two floors. The ground floor will include eight rooms for outpatient procedures—treatments, diagnostics and minor surgeries that don't require hospitalization as well as areas for surgical prep and recovery. The second floor will feature maternity, with 14 beds (nine for deliveries) and a garden reserved for expectant mothers and families.

Intensive care, divided into two 12-bed units, will occupy the third floor. The fourth and fifth floors will hold patient rooms, 70 total, for the medical/surgery unit.

Before the Camp Fire, Oroville Hospital had 133 beds. The California Department of Public Health granted an emergency dispensation for reopening a closed unit to increase capacity by 20.

"We're working with them to make that more permanent, until the expansion [is complete],"

Wentz said. "People always think about the crisis [itself], but it doesn't just stop when they put the fire out."

The fire and the Oroville Dam spillway crisis 21 months earlier prompted concerns about funding the project. After deciding to finance by way of bonds, Wentz and his consultants at Morgan Stanley had to assure potential investors.

"We had a lot of questions [asked] about the various disasters that seem like they're always happening in Butte County," Wentz said. "We were able to talk with them about the realities of [the disasters], and they understood this is a resilient region—and obviously this was a place where they felt comfortable putting their money."

Oroville Hospital raised the \$200 million off 48 investors' orders placed Feb. 13.

Wentz commissioned Chicobased Modern Building Co. for the construction, in large part because brothers James and Mike Seegert president and project manager, respectively—grew up in Oroville. He said keeping the money local

Goodson agreed: "That is appropriate."



Night-night

Sleep is easy for some and like the holy grail for others, and we need it more than you may think. In fact, a new study published in the Journal of Experimental Medicine suggests that the health of our immune systems actually might depend on it. It's all about T cells, which help battle viruses and cancer cells, and little adhesion molecules called "integrins." Researchers in Germany have found that, in order for T cells to do their work, they have to stick to all the bad stuff. However, certain stress hormones prevent that necessary bond. These stress hormones get sleepy when you sleep, though, so that is when T cells have the most power to battle all the nasty stuff and muscle-up your immunity. Lesson for the day: If you want to stave off that cold and prevent infection, find a good pillow and turn off the lights.

Source: Healthline

HAVE LYME? Think you might have Lyme? **Monthly Support Group** Monday, March 18 5:30-7:30pm CALL FOR LOCATION. **Patients Helping Patients** We Share Facts/Information









SERVING BUTTE COUNTY BUSINESSES Call today for your FREE consultation!

2300 FAIR STREET | 530-343-7994 EXT 3401



ADVOCATES NEEDED

Become a state certified Long-Term Care Ombudsman and make a difference in the lives of the residents of nursing homes and assisted living facilities.

We need people in Oroville, Paradise, Glenn and Tehama Counties.

If you have time and wish to make a difference, please call!

