

## DONATE - SHOP - VOLUNTEER Save 50-75% off building materials



- Appliances
- Doors
- Building **Supplies**
- Windows
- Paint
- So much more!





220 Meyers St Chico (530) 895–1271

## Count them...

## 8 Strength Training Areas to Explore!





1) Main Free Weight Room: **New Butt Blasters & Platforms** 



5) Fitness Promenade: Private **Free Motion Cable Machines** 



2) West Free Weights Room: Hammer Strength, Cybex, etc.



6) Women's Only Studio: Private Weight & Training Zone | Fitness Extraordinaire



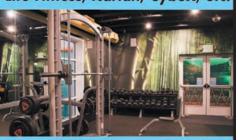
3) East Circuit Weights Room: **New Cable Stations & Matrix** 



7) Sky Room Studio: Functional



4) West Circuit Weight Room: Life Fitness, Icarian, Cybex, etc.



8) South Side Fitness: Secluded **Functional Fitness** 

Plus Two Exclusive Personal Training Studios Featuring Unparalleled Personal Training Inspiring You To New Levels!