

Democrats and Republicans. It awaits its first hearing in the House Committee on Education and Labor.

If passed, HR 1629 won't automatically incorporate dispatchers into SB 542. According to legislative aides in Stern's Sacramento office, the state also would need to make a comparable amendment to its occupation code. Alternately, SB 542 would need to change during its approval process.

Nonetheless, the dispatchers appreciate progress—as do their colleagues, who see them as more than clerical staff, their current designation.

"The reality is dispatchers should be classified as public safety personnel," Alexander said. "[As a dispatcher] you hear these things, you're living through these people's traumatic things, and the line will just die [when] it gets turned over to us arriving on the scene...."

"I probably get a small wisp of what those dispatchers are having to handle."

Calling SB 542 "a great step in the right direction," Alexander said he "100 percent supports the bill." State law enforcement and firefighter groups formally endorse its

Follow the progress:

Visit tinyurl.com/SB542 for the status and details of California Senate Bill 542, relating to workers' compensation for first responders, and tinyurl.com/HR1629 for House Resolution 1629, the 911 SAVES Act

passage. Most opposition comes from public employer groups such as the League of California Cities and the California State Association of Counties.

While PTSD already gets considered for workers' compensation, Parrott said, changing this mental health diagnosis to a presumptive condition "obviously is a benefit to us." The burden of proof shifts to the employer, refuting the claim, over the employee, validating the claim.

"The difficult issue we face is the time it takes to get that diagnosis," Parrot continued. "These sort of problems don't present immediately; sometimes they're delayed, depending on the accumulated trauma."

"If this legislation somehow streamlines that [process], that's going to work to our benefit.... And if this just lends itself even to an inertia toward a more serious look at the mental health impacts of the job, then I think we're going in the right direction." □

WEEKLY DOSE

Born to ride

The health benefits of bicycling go far beyond getting your heart pumping and enjoying some fresh air. In fact, cycling is good for your whole body, inside and out, and it's easier on the knees than running. Research shows that it can boost your mood by releasing endorphins, and group riding is a great way to meet people and widen your social circle if you are lonely. Cycling builds muscles in your arms, legs and core, which can help prevent arthritis, and a good ride can burn up to 1,000 calories an hour, melting away extra pounds. When it comes to brain health, cycling increases blood flow to that region by almost 30 percent, which can prevent dementia later in life. Add increased navigational skills, a strengthened immune system and better sleep, and the key to a healthier life is sitting on two wheels, waiting for you to hop on.

Source: cyclingweekly.com



Acupuncture Chinese Herbs & Massage

Pain Management, Weight Loss,
Digestive Issues & Allergies

Jennifer Conlin L.Ac.

Elinore Schafer L.Ac.

Most insurance accepted



American Chi
CENTER FOR HEALTH

1209 Esplanade Ste 1

530.342.2895 • AmericanChi.net

Mon & Thur 10am-6pm • Tues & Wed 9am-6pm

Friday 9am-2pm • Sunday Noon-4pm



NO.

IT IS A COMPLETE SENTENCE

INTERVENTION
and
PREVENTION

Serving Butte, Glenn & Tehama Counties

342-RAPE

24 hr. hotline (Collect Calls Accepted)

www.rapecrisis.org

Save up to
50%
on restaurants
and events!

CN&R
sweetdeals

CNRSWEETDEALS.NEWSREVIEW.COM



INDIAN VALLEY CENTURY Ride

May 25th, 2019

Enjoy century rides through gold
rush towns with Alpine vistas in
the Plumas National Forest



\$55 per rider, catered lunch included

530-284-6633

www.indianvalleychamber.org

THE DEPT. OF MUSIC AND THEATRE AT
CSU, CHICO PRESENTS A PRODUCTION OF

Disney BEAUTY AND THE BEAST

THE BROADWAY MUSICAL

© Disney

2019 CSU, Chico
Spring Musical

**May 2-5,
Laxson
Auditorium**

Music by
Alan Menken

Lyrics by
**Howard
Ashman
& Tim Rice**

Book by
**Linda
Woolverton**



Purchase tickets at the Uni-
versity Box Office — locat-
ed at West 3rd and Chestnut
Streets — by phone (530-898-
6333), online (www.chicostate
tickets.com), or at the door.

www.csuchico.edu/soa/

AMS

IRA



Photo: Jessica Barlett,
University Photo Services
DISNEY'S BEAUTY AND THE BEAST
is presented through special arrangement with Music Theatre International (MTI).
All authorized performance materials are also supplied by MTI.
www.MTISHows.com