

# REPLACING GUILT AND BURN-OUT

WITH GRATITUDE AND STRESS RELIEF



## SHERRI SNELLING

*CEO of Caregiving Club and author  
– A Cast of Caregivers*

Sherri Snelling is founder/CEO of Caregiving Club, a strategic consulting, communications and content company focused on the nation's 65 million family caregivers. Sherri has done work for AARP, Keck Medicine of USC, UnitedHealthcare, LifeCare, CareLinx, grandPad, First Republic, Wells Fargo and QVC. She was the chairman of the National Alliance for Caregiving in Washington, D.C. and is currently a board member of the Alzheimer's Association – Orange County chapter. She also serves as ambassador for the nonprofit Caregiver Monday campaign and is a nationally sought speaker.

**MAY 7, 2019  
10 AM - 12 PM**

**Butte Creek Country Club, Chico, CA  
For more information or to register  
please call 530-898-5925**

 **PASSAGES**  
Caregiver Resource Center

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