

# What's your favorite vegetable?

**Asked at Thursday  
Night Market**

## Mary Fries sales



I like broccoli a lot. I like roasting it in the oven with lots of herbs, or mixing it with other foods.

## Keegan Nazari engineer



My favorite vegetable is a Persian cucumber. It's about 6 inches long, about an inch in diameter, with tender skin that you don't have to peel. I like to slice it in half with the skin on and put salt on it. A very simple and easy snack that's good on salads or on its own.

## Paul Villalba sales



Brussels sprouts. I like to slice them in half, pan fry or saute them with a little bacon until they're crispy and tender. Then I serve them up with a reduced balsamic vinegar.

## Rachel Morgan benefit advocate



My favorite vegetable is zucchini, and I like to have it stir-fried with chicken, garlic or steak. It's really easy to prepare.

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Elizabeth Vichi M.A. CCC-SLP

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