46 YEARS IN BUSINESS

Rape Crisis Intervention & **Prevention**

Adults who experienced sexual violence as a child are not alone. No matter what, the abuse was not their fault.

Adult survivors live with these memories for a long time. Some survivors keep the abuse a secret for many years. Often when people are in recovery, experience partner abuse or if their perpetrator dies, all of these unwanted feelings come flooding back. They may have tried to speak to an adult or felt there was no one they could trust when the abuse occurred. For these reasons and many others, the effects of child sexual violence can occur many years after the abuse has ended. There is no set timeline for dealing with, and recovering from, this experience.

If someone you care about suffered sexual violence as a child your reaction can have a big



impact on the survivor. It is not always easy to know what to say, but you can help the healing process begin.

Rape Crisis intervention and Prevention is the perfect resource and are always there to help and listen. Open and affirming to all, regardless of gender, gender identity or sexual orientation.



BUTTE/GLENN: 530.891.1331 • TEHAMA: 530.529.3980 24HR: 530.342.RAPE M-F 10A-6P EXC. HOLIDAYS WWW.RAPECRISIS.ORG

21 YEARS IN BUSINESS

Butte County Fire Safe Council

Attend Community Events

Upcoming community meetings will be held January 15th at 6:30pm at the Chico Fire Training Center and February 13th at the Plumas National Forest Ranger Station in Oroville (also at 6:30pm). For more information, please visit www.buttefiresafe.net or call 530-877-0984.

Learn how to make a difference to improve the community's wildfire safety and/or have a need for wildfire safety support? You can get involved and find a wealth of resources by joining in the efforts of the Butte County Fire Safe Council. The organization is a grassroots, non-profit providing fire safety awareness and forest health projects in rural, forested and woodland/chaparral areas.

The organization strives to reduce wildfire risk through fuels reduction projects, a no-cost chipper program, youth outreach/education and



hosted community events. Community efforts include: Forbestown Ridge, Feather Falls, Berry Creek, Yankee Hill/Concow, Paradise, Magalia, Oroville Foothills - Lake Wyndotte, Forest Ranch and Merry Mountain Village.







5619 BLACK OLIVE DRIVE . PARADISE • 530.877.0984 WWW.BUTTEFIRESAFE.NET

YEARS IN BUSINESS

Wings of Eagles

"Wings of Eagles" has been financially & emotionally assisting families with seriously ill children in our community for over 26 years.

For more information on "Wings of Eagles", or if you would like to apply for assistance, please visit www.wingsofeagles.org. To apply for assistance on the "Wings" website, click on the Application for Financial Assistance.

"Wings of Eagles" depends on funding from the community and will be hosting their annual Bowl-A-Thon: BOWL 4 "Wings" Kids! on Sat. March 7, 2020, 12-4 pm at AMF Orchard Lanes in

"Wings of Eagles" is looking for teams of four to participate. Sign your team up today by calling 530-893-9231.

Money raised local, stays local. Proceeds will fund our Emergency Hospital Care Kit Program which assists local families w/out of area extended hospital stays.





THE JOSEPH ALVAREZ ORGANIZATION FOR SERIOUSLY ILL CHILDREN

P.O. BOX 4031 · CHICO · 530.893.9231 WWW.WINGSOFEAGLES.ORG

34 YEARS IN BUSINESS

The Iversen Wellness & **Recovery Center**

The Iversen Wellness & Recovery Center offers an environment of inclusiveness, recovery, and wellness to adults living with persistent mental illness. It is a stigma-free environment offering activities, groups, and social support opportunities. The Iversen Center promotes and encourages tolerance, acceptance, and growth within its members that reflects respect for diversity and differences. All services (with the exception of Med Clinic) are FREE and open to members of the public 18 and over.

Join our email list for calendars, newsletters, and updates! Email us: iversen@nvcss.org

The Iversen Center is supported by Butte County Department of Behavioral Health and MHSA

Wellness and recovery oriented activities and services include:



- · Peer Support
- · Peer-Led Groups (such as Grief & Loss Support; Living with Chronic Pain; Bi-Polar Support)
- · Music, Drumming and Karaoke
- · Arts & Crafts
- · Wellness Recovery Action Plan (WRAP) Classes
- · Group Facilitation Classes
- Socialization
- · Med Support (Through Butte County Behavioral
- · Computer Lab
- · And much much more!



Northern Valley Catholic Social Service

492 RIO LINDO AVENUE • CHICO • 530.879.3311 WWW.NVCSS.ORG/PROGRAMS MON-FRI 9:00AM - 4:30PM AND SAT 11:00AM - 3:00PM