

## Learn about weight loss surgery at our FREE information session.



Our team is inspired to help you reduce the risk of disease and get back to good health. We offer the latest minimally invasive weight loss surgery options and are backed by a specially trained team that takes pride in working with you every step of the way. We help you with new tools, including individualized nutrition plans and exercise programs. We provide ongoing support for you throughout this lifelong journey.



Arturo Garcia, MI General and Bariatric Surgery

Dr. Arturo Garcia specializes in general surgery with an emphasis on minimally invasive and bariatric surgery. After receiving his medical degree, he completed a general surgery residency at UC San Francisco, East Bay, and completed a fellowship in minimally invasive and bariatric surgery at UC Davis Medical Center.

To learn more, join us for a free information session.

Call 530-749-2409 today!

> 481 Plumas Blvd., Suite 202 | Yuba City

www.adventisthealth.org/rideoutbariatrics

