

Best
CN&R
In Motion 2019
26 Years & Running

REINVENTING THE GYM



WE MOVED AN ENTIRE GYM OUTDOORS:



Weight Rooms



Group Exercise Classes



Weight Machines



Personal Fitness Classes



Cardio Machines



Running Track & Parcourse



Aquatics Center



& So Much More

OUTDOOR WEIGHT ROOM



OUTDOOR WEIGHT MACHINES



OUTDOOR CARDIO MACHINES



OUTDOOR EXERCISE CLASSES



OUTDOOR PARCOURSE



OUTDOOR SPIN STUDIO



OUTDOOR TRACK



OUTDOOR KIDS PLAY STRUCTURE



OUTDOOR AQUATICS CENTER



OUTDOOR SWIM SCHOOL



In Mo is stretching the limits of creativity. No need to take a hiatus from your fitness routine. Exercise is essential to combat this pandemic by boosting your immune systems, reducing anxiety & depression and improving your physical & mental health.



IN MOTION FITNESS

RESORT ♦ HEALTH CLUB ♦ SPA
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