

Prevention of Child Sexual Abuse IS Mental Health Awareness!

PANDEMIC LOCKDOWN LEADS TO INCREASE OF CHILD SEXUAL ABUSE AND EXPLOITATION.

Millions of children are at an increased risk of harm as their lives moved increasingly online during the COVID-19 lockdown. Shockingly, online Child Sexual Abuse Material (CSAM) of girls shown in images and videos has been up 11% since 2019.

- 91% are GIRLS appearing in overwhelming majority of CSAM
- 92% of CHILDREN 3 to 13 years old are at the greatest risk to be shown in CSAM
- BOYS are more likely than GIRLS to be subjected to very revealing & shocking abuse
- On average BOYS shown in CSAM are younger than GIRLS and more likely to have not yet reached puberty

Child Sexual Abuse (CSA) Impacts Mental Health Outcomes at Every Age:

CSA survivors are over four times more likely to attempt suicide, are 7 times more likely to be diagnosed with Post Traumatic Stress Disorder (PTSD), are 26 times more likely to abuse drugs and alcohol.

- CSA survivors are more likely to experience sexual violence as adults.
- Of adults receiving mental health services, as many as 50% of women and 25% of men have experienced childhood sexual abuse.
- After sexual assault, 80% of teenage girls were diagnosed with a mental health disorder, 55% with two or more disorders.
- Mental health professionals may be less likely to ask about or recognize sexual abuse of boys and men.

Become a Champion in our community by supporting our Child Abuse Prevention programs. Together we can COMBAT online Child Sexual Abuse Material!

If you were Sexually Violated as a Child...

...When you are READY, we are HERE

...Let your HEALING begin.

CHILDREN:

Symptoms of Depression and/or PTSD	Sexual Behaviors
Anxiety, fear, distrust of others	Social Isolation
Problems in school	Low self esteem
	Anger, aggression

TEENS:

Self-harm /self-mutilation	Suicidal thoughts, attempted or completed suicide
Destructive and violent behaviors	Strained relationship with family members
Poor body image	Drug and alcohol use
Eating disorders	Risky sexual behaviors

ADULTS:

Addictive and compulsive behaviors	Fear of intimacy
Excessive risk taking	Instability in relationships
Mental Health Diagnosis/ Multiple Diagnoses	Parenting difficulties
	Abusive behaviors

Sexual Violence (SV) at any age increases the risk of Mental Illness and Addiction.

81% of women and 35% of men report significant short-term or long-term impacts such as PTSD after experiencing sexual violence.

SV survivors are 3 times as likely to experience major depression and twice as likely to experience anxiety.

Adverse mental health risks increase among low income, minority and LGBTQ communities.

We are open and affirming to all regardless of ability, gender, gender identity, race, or sexual orientation.

Butte/Glenn: 530-891-1331 | Tehama: 530-529-3980 | Corning: 530-824-3982

Virtual Business Hours: M-F 10am-6pm (excluding Holidays)

24hr CRISIS LINE: 530-342-RAPE (7273) Collect Calls Accepted



**Rape Crisis Intervention
of North Central California**
aka Rape Crisis Intervention and Prevention
Serving our Tri-County Community Members since 1974