

# October is National **FAMILY SEXUALITY EDUCATION** Month

The purpose of this awareness month is to encourage parents and adult caregivers to have an open talk with their children about sex and sexual health. Having conversations with your children at an early age can help them stay safe and aware of red flag behaviors.

It creates a positive relationship with themselves and their body. Most importantly, it teaches young people that they will be able to trust the adults in their life to provide accurate information, offer support, and resources as they develop. There are many age appropriate ways to have these difficult conversations with children and teens, we highlight some pointers below. If you would like support on sexuality education with your family, please call us for more information and resources.

- **It's never too early to talk to your children**

Check-in and learn about where your kids are getting information about sex and sexuality. Lack of information does not equal innocence.

- **Start talking about consent, ages 0-10**

Teach your children about their personal space, who is allowed into it, and come up with alternatives to hugging/kissing like a handshake, fist bump, or high five

- **Don't use slang words for body parts, use the correct terms**

Using correct terms for genitalia, not euphemisms, slang terms, or profanity, helps children feel comfortable asking questions or expressing concerns about those body parts.

- **Let children know they can say "no"**

We often do not give young children the option to say no, including when they feel their space is being violated. Allow children to warm up to people and build trust on their terms.

- **Supporting Teens**

It's important to have one on one talks with your teenagers in addition to school sexual education programs. If your child is LGBTQ+, school education programs may not address their specific needs and questions.

- **Be an "askable" parent or caregiver**

Show the young people in your life that they can come to you with questions, experiences, challenges and build trust with your kids. Teach them that you will be there to support them without shame or judgment.

SEX  
EDUCATION

We are open and affirming to all regardless of ability, gender, gender identity or sexual orientation.

**Butte/Glenn: 530-891-1331 | Tehama: 530-529-3980**  
**Calling from Corning: 530-824-3982**

Virtual Business Hours: M-F 10am-6pm (excluding Holidays)

**24hr CRISIS LINE: 530-342-RAPE (7273)**

Collect Calls Accepted



**Rape Crisis Intervention  
of North Central California**  
aka Rape Crisis Intervention and Prevention

Serving our Tri-County Community Members since 1974



Butte Humane Society's Fur-ever Home Grand Opening Celebration

**November 6th 2021**

**12:30pm - 4:00pm**

**13391 Garner Lane, Chico, CA 95973**

**Ribbon Cutting At 1:00pm**

## Humane Hero Package!

\$25 price includes:

T-shirt, 10 food truck bucks,  
2 drink tickets, 5 raffle tickets,  
Special swag bag

**Order online at [buttehumane.org](http://buttehumane.org)**



**STONEWALL  
ALLIANCE CENTER**

A RESOURCE FOR THE LGBTQ+ COMMUNITY

*"A welcome place for everyone,  
regardless of where you are at in your journey."*

- REFERRAL SERVICES
- GENDER MARKER & NAME CHANGES
- COUNSELING
- SOCIAL & SUPPORT GROUPS

*"Their Trans Support Group has been key to me still being alive."*

- CHEST BINDERS
- HIV & HEP C TESTING
- LGBTQ+ TRAINING
- COMMUNITY EVENTS

*"As a parent, they've given me the guidance I need to wholeheartedly support my child."*

**Contact Us!**

Please support our work:  
[StonewallChico.com/Donate](http://StonewallChico.com/Donate)

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WEBSITE: [www.stonewallchico.org](http://www.stonewallchico.org)  
PHONE: (530) 893-3336  
CENTER HOURS: By Appointment

