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FOR THE WEEK JUNE 1, 2023

BY ROB BREZSNY

ARIES (March 21-April 19): History tells us that Albert Einstein was a brilliant genius. After his death, the brain of the pioneer physicist was saved and studied for years in the hope of analyzing the secrets of why it produced so many great ideas. Science writer Stephen Jay Gould provided a different perspective. He said, "I am less interested in the weight and convolutions of Einstein's brain than in the near certainty that people of equal talent have lived and died in cotton fields and sweatshops." I bring this to your attention, Aries, in the hope it will inspire you to pay closer attention to the unsung and underappreciated elements of your own life—both in yourself and the people around you.

TAURUS (April 20-May 20): Human life sometimes features sudden reversals of fortune that may seem almost miraculous. A twist in my own destiny is an example. As an adult, I was indigent for 18 years—the most starving artists of all the starving artists I have ever known. Then, in the course of a few months, all the years I had devoted to improving my craft as a writer paid off spectacularly. My horoscope column got widely syndicated, and I began to earn a decent wage. I predict a comparable turn of events for you in the coming months, Taurus—not necessarily in your finances, but in a pivotal area of your life.

of gurus who tell us the ego is bad and must be shamed. In my view, we need a strong and healthy ego to fuel our quest for meaning. In that spirit and in accordance with astrological omens, I designate June as Celebrate Your Ego Month for you Geminis. You have a mandate to unabashedly embrace the beauty of your unique self. I hope you will celebrate and flaunt your special gifts. I hope you will honor your distinctive desires as the treasures they are. You are authorized to brag more than usual!

CANCER (June 21-July 22): One study reveals that British people own a significant amount of clothing they never wear. Other research suggests that the average American woman has over a hundred items of clothing but considers just 10 percent of them to be "wearable." If your relationship to your wardrobe is similar, Cancerian, it's a favorable time to cull unused, unliked, and unsuitable stuff. You would also benefit from a comparable approach to other areas of your life. Get rid of possessions, influences, and ideas that take up space but serve no important purpose and are no longer aligned with who you really are.

LEO (July 23-Aug. 22): In July 1969, Leo astronaut Neil Armstrong was the first human to walk on the moon. But he almost missed his chance. Years earlier, his original application to become part of NASA's space exploration team arrived a week past the deadline. But Armstrong's buddy, Dick Day, who worked at NASA, sneaked it into the pile of applications that had come in time. I foresee the possibility of you receiving comparable assistance, Leo. Tell your friends and allies to be alert for ways they might be able to help you with either straightforward or surreptitious moves.

VIRGO (Aug. 23-Sept. 22): Great shearwaters are birds that travel a lot, covering 13,000 miles every year. From January to March, they breed in the South Atlantic Ocean, about halfway between Africa and South America. Around May, they fly west for a while and then head north, many of them as far as Canada and Greenland. When August comes, they head east to Europe, and later they migrate south along the coast of Africa to return to their breeding grounds. I am tempted to make this globetrotting bird your spirit creature for the next 12 months. You may be more inclined than ever before to go on journeys, and I expect you will be well rewarded for your journeys. At the very least, I hope you will enjoy mindopening voyages in your imagination.

LIBRA (Sept. 23-Oct. 22): One of the central myths of Western culture is the Holy

Grail. For over 800 years, storytellers have spun legends about the search for a precious chalice with magical qualities, including the power to heal and offer eternal youth. Sober scholars are more likely to say that the Holy Grail isn't an actual physical object hidden away in a cave or catacomb, but a symbol of a spiritual awakening or an enlightening epiphany. For the purposes of your horoscope, I'm going to focus on the latter interpretation. I suspect you are gearing up for an encounter with a Holy Grail. Be alert! The revelations and insights and breakthroughs could come when you least expect them.

SCORPIO (Oct. 23-Nov. 21): June is Dare to Diminish Your Pain Month for you Scorpios. I hope you will aggressively pursue measures to alleviate discomfort and suffering. To address the physical variety, how about acupuncture or massage? Or supplements like boswellia, turmeric, devil's claw root, white willow bark, and omega-3 fatty acids? Other ideas: sunshine, heating pad, warm baths with Epsom salts, restorative sleep, and exercise that simulates natural endorphins. Please be equally dynamic in treating your emotional and spiritual pain, dear Scorpio. Spend as much money as you can afford on skillful healers. Solicit the help of empathetic friends. Pray and meditate. Seek out in activities that make you laugh.

SAGITTARIUS (Nov. 22-Dec. 21):
A hungry humpback whale can hold more than 15,000 gallons of water in its mouth at once—enough to fill 400 bathtubs. In a funny way, their ability reminds me of you right now. You, too, have a huge capacity for whatever you feel like absorbing and engaging with. But I suggest you choose carefully what you want to absorb and engage with. Be open and receptive to only the most high-quality stuff that will enrich your life and provide a lot of fun. Don't get filled up with trivia and nonsense and dross.

CAPRICORN (Dec. 22-Jan. 19): Funny story: A renowned Hollywood movie mogul was overheard at a dinner party regaling an aspiring actor with a long monologue about his achievements. The actor couldn't get in a word edgewise. Finally, the mogul paused and said, "Well, enough about me. What do you think of me?" If I had been in the actor's place, I might have said, "You, sir, are an insufferable, grandiose, and boring narcissist who pathologically overestimates your own importance and has zero emotional intelligence." The only downside to speaking my mind like that would be that the mogul might ruin my hopes of having a career in the movie business. In the coming weeks, Capricorn, I hope you will consistently find a middle ground between telling the brazen truth to those who need to hear it and protecting your precious goals and well-being.

AQUARIUS (Jan. 20-Feb. 18): When faced with important decisions, most of us benefit from calling on all forms of intelligence. Simply consulting our analytical mind is not sufficient. Nor is checking in with only our deep feelings. Even drawing from our spunky intuition alone is not adequate. We are most likely to get practical clarity if we access the guidance of our analytical mind, gut feelings, and sparkly intuition. This is always true, but it's extra relevant now. You need to get the full blessing of the synergistic blend. PS: Ask your body to give you a few hints, too!

PISCES (Feb. 19-March 20): Has your intuition been nudging you to revise and refine your sense of home? Have you been reorganizing the domestic vibes and bolstering your stability? I hope so. That's what the cosmic rhythms are inviting you to do. If you have indeed responded to the call, congratulations. Buy yourself a nice homecoming present. But if you have resisted the flow of life's guidance, please take corrective measures. Maybe start by reorganizing the décor and furniture. Clean up festering messes. Say sweet things to your housemates and family members. Manage issues that may be restricting your love of home.

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