

IT'S BIGGER AND BETTER THAN EVER! UNR SKI SWAP SEPTEMBER 20-22

Sell your gently used gear or buy
new gear at big time savings.

ADMISSION IS FREE

Parking is \$10 but we'll reimburse you with a
\$20 minimum purchase. Be sure to show
your ticket voucher for redemption.

Individual check-in for Thursday, September 19th is
noon to 7pm, and Friday the 20th from 9am to 3pm.

FRIDAY 5PM - 9PM
SATURDAY 10AM - 6PM • SUNDAY 10AM - 4PM



UNRSKI_SWAP.COM

*Proceeds benefit the UNR Ski Team
and Winter Sports Teams.*



Pup-Kin Spice

Adopt yours today at
Nevada Humane Society.

SEPTEMBER 10 - 20

2825 Longley Lane, Reno 775-856-2000
549 Airport Road, Carson City 775-887-2171
NevadaHumaneSociety.org



2019 American Business Women's Day

RENO TAHOE EXPRESS NETWORK INVITES YOU TO

Join the annual celebration recognizing the achievements of business women.

- Network with northern Nevada professionals
- Enjoy lunch, raffles and a grand prize drawing

Proceeds help fund educational scholarships



Keynote Speaker
Robin Brockelsby



Mistress of Ceremonies
Arianna Bennett
Anchor & Reporter,
Channel 2 News

Presentation:

**So Long Stress...We're Breaking Up!
Winning Your Battle against Stress**

There is only one person responsible for your life, and that's YOU! Taking ownership of where you are today, gives you the authority to get where you aspire to be in the future. True success (at home, at work, or within your community) comes once you can confidently embrace your authentic story, welcome change, and advance forward. Staying on top of your emotional health in a high-stress environment is attainable and together we will explore the 8 steps it takes to get there - and stay there.

THURSDAY, 9/26/19

11a.m.-1p.m.

Reno-Sparks Convention Center

Tickets \$40 each or \$300 table of 8

Register now at www.renotahoe.abwa.org

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Reno News & Review

