

SATURDAY, 2/2

Leave it to Beaver

EFFIE YEAW NATURE CENTER,
10:30AM, NO COVER

The beaver is a majestic creature—majestically awesome, that is. Apart from being native to the United States, including most of California, the North

American beaver can weigh more than 70 pounds, secretes a substance called castoreum that smells like vanilla and has been used in food and perfume for years and has valves to keep water out of its nose and ears. Take a walk at Effie Yeaw and look for signs of the beaver—a truly remarkable animal. 2850 San Lorenza Way in Carmichael, sacnaturecenter.net/events/weekend-programs.



PHOTO BY CHERYL REYNOLDS, COURTESY OF WORTH A DAM

classrooms. **Saturday 2/2, 10:30am. \$15-\$20.** 216 O St.

BOOKS

MONDAY, 2/4

DOUGLAS ABRAMS: Have you ever wondered where to even begin in your endeavor of getting the Dalai Lama and Desmond Tutu to collaborate on a book together? Get some insight from someone who's done that very thing: Douglas Abrams worked with the two to facilitate a conversation, and thus, *The Book of Joy* was born. Hear from Abrams and his experiences and see exclusive video. **7pm, \$12-\$45.** Mondavi Center, 1 Shields Ave. in Davis.

SPORTS & OUTDOORS

THURSDAY 1/31

ICELAND SKATING RINK: Take to the ice in the largest outdoor rink Sacramento has to offer. It's open daily to the public, with open sessions generally on weekdays at noon and 6 p.m., Saturdays at 10 a.m. and 4:30 p.m. and Sundays at 4:30 p.m. Check them out for more info. **Noon, \$10.** Iceland Skating Rink, 1430 Del Paso Blvd.

SATURDAY, 2/2

LEAVE IT TO BEAVER: You may follow the art scene in Sacramento, but how aware of the beaver scene are you? Take a walk and see what the hydraulic engineers of the animal world are up to, featured above. **10:30am. No cover.** Effie Yeaw Nature Center, 2850 San Lorenza Way in Carmichael.

SACRAMENTO 5K HAPPY HOUR RUN: Get some drinks and move 5 kilometers in this quasi-run. You can get a margarita, some wine or beer and whatnot. **Noon, \$5-\$35.** William Land Park, 3800 W. Land Park Drive.

VIRGIL FLYNN III PRODUCTIONS PRESENTS NO LOVE LOST LIVE PRO WRESTLING: Mike Rayne, Bison Braddock, Jack Banning, Brutal Rob Hands, the Stoner Brothers and more join in the wrestling action, aimed at anyone who likes pro wrestling. **6:30pm, \$10.** 5731 Watt Ave. in North Highlands.

LGBTQ

SATURDAY, 2/2

MIDTOWN QUEER CLOTHING SWAP: The Lavender Library hosts this fun clothing swap event, featuring unique styles curated by individual members of the LGBTQ community—along with coffee. **2pm, no cover.** Lavender Library, 1414 21st St.

THURSDAY, 1/31

VOLUNTEER MIXER: If you want to get involved at the Lavender Library or meet some of the other people who are already getting involved, show up and get a-mingling. **6pm, no cover.** Lavender Library, 1414 21st St.

TAKE ACTION

SATURDAY, 2/2

NATIVE GARDEN WORKDAY: Get the Native Plant Garden into ship-shape (or garden-shape) by weeding and whatnot. Wear long pants, good shoes (for working in, not your good shoes) and register in advance. **9am, no cover.** American River Parkway Foundation, 5700 Arden Way.

WEDNESDAY, 2/6

SACRAMENTO VALLEY REGIONAL CLIMATE SYMPOSIUM: Come out and see what paths Sacramento can take for preserving and increasing the resilience of the climate. Researchers and scientists will be present, as will community leaders, state agencies and more. **10am, no cover.** Student Community Center, Multipurpose Room, 397 Hutchison Drive in Davis.

CLASSES

FRIDAY, 2/1

CALIFORNIA BLACK HISTORY MONTH CELEBRATION A TASTE OF AFRICA: Celebrate Black History Month with this showcase of Afro-Latino history in California during the 1800s, the California Gold Rush and pre-U.S.-Mexico War. **1pm, no cover.** California State Capitol Building Room 126, 1303 10th St.

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