

MORE ENTERTAINMENT



**AN EVENING
WITH MOE**
March 7, 2019



**WFC
100**
March 9, 2019



**SHAKEY GRAVES WITH
CAMERON NEAL**
March 17, 2019



**CHEECH & CHONG
WITH SPECIAL GUEST SHELBY CHONG**
March 23, 2019



**TODD SNIDER,
PAUL THORN
& JAMES MCMURTRY**
April 6, 2019



**JIMMIE VAUGHAN
WITH SPECIAL GUEST
COCO MONTOYA**
April 12, 2019



MORE FUN. MORE VALUE. MORE VARIETY.
55 HIGHWAY 50, STATELINE, NV 89449
1-800-BE-LUCKY | MONTBLEURESORT.COM

Tickets may be purchased at Montbleu Box Office, at all Ticketmaster outlets, or by calling Ticketmaster at 800.745.3000. Must be 21 or older to gamble. Montbleu reserves all rights.

MONTBLEU
RESORT CASINO & SPA
LAKE TAHOE

MUSIC

Pop-punk juxtaposition

Sad Girlz Club's boppy tunes for cloudy feels



The Sacramento pop-punk band is releasing its first album.

BY MOZES ZARATE / mozesz@newsreview.com

"And Eric and Lys are like the dipping sauces. They'll add the best flavors to our song."

Murray and Dunbar, jam buddies for the last 10 years who met in high school, formed Sad Girlz Club last June. They quickly recruited La Febre, who just broke up with his band Hollywood Hotel in San Francisco. After recording a three-song EP with Earth Tone Studios' Patrick Hills (who also produced *Hard Feelings*), the three gently bullied Hills' girlfriend Mayo—a local music vet who'd drummed for Little Tents, Dead Dads, Kepi the Band and others—into playing guitar. They played their first show at the old Café Colonial on August 9, and opened for The Ataris the same month at Blue Lamp.

But their highlight gig was in November, bringing down North Pole House, the Davis home of Melissa Schiller, who hosts the local music radio show *Sleepy Wakey*.

Two hundred misfits packed into the peculiarly laid-out house, congesting hallways, the kitchen and the back patio. Onlookers peered through windows. Crowd surfers kicked the ceiling.

"It was a nightmare in the best way," Mayo says.

With *Hard Feelings*, Sad Girlz Club rocks to the doldrums, a reminder that you can always spin misery with a sunny sonic palate. A second album is already in the works.

"It's important that sadness isn't a negative thing," Mayo says. "We have songs that are kind of happy sounding, and you listen to the lyrics, and it's like, 'It's alright to be sad. It can still be a positive, constructive thing.'" □

**"It was a
nightmare in
the best way."**

Lys Mayo
guitarist, Sad Girlz Club

If you've battled depression, you're a member of the "Sad Girlz Club." The phrase, now the name of a Sacramento pop-punk band, was singer Shelby Murray's inside joke for broken days, similar to "pity party."

The four band members bring relentlessly uplifting songs to their first album, *Hard Feelings*, available February 22 on Bomb Pop Records. The album's nine tracks are mostly breathless, two-to-three minute relay races chronicling the wreckage of an abusive relationship and the hills of bipolar depression.

And they bop.

"I'm so afraid, I can't feel anything ... my hands are shaking, these people all around make this isolation worse," co-vocalist and guitarist Travis Dunbar sings in "Lonely Nights," a song about debilitating anxiety, and "how much it's kind of alienated me from a lot of close friends of mine over time."

Dunbar's cracking rasp will remind you of Iron Chic's Jason Lubrano. Party-all-night riffs are darkened by guitarist Lys Mayo's foggy, black-metal styled tone. Drummer Eric Le Febre attacks with high-blood pressure percussion, and Murray harmonizes with Dunbar to an eerie chorus. In other songs, she leads, filling the room like her inspirations: Aretha Franklin, Whitney Houston and Paramore's Hayley Williams.

"Travis and I, we are the chicken nuggets. We will bring the skeleton of a song to a writing practice," Murray says.

Check out Sad Girlz Club at their record release February 22 at the newly reopened Café Colonial. Show starts at 8pm. City Mouse, Bastards of Young and Vinnie Guidara & The Dead Birds also perform. Tickets are \$7-\$10 sliding scale. 3520 Stockton Boulevard. Follow Sad Girlz Club at facebook.com/sadgirlzclubband.