

NON-HODGKIN LYMPHOMA SUFFERERS

Have you used **Roundup®** weed killer in the past and developed Non-Hodgkin Lymphoma?

You may be entitled to **financial compensation.**

Recent studies have shown repeated use of **Roundup®** products can double or triple your risk of developing **Non-Hodgkin Lymphoma.**

The Miller Firm is the first law firm to win a Roundup®/NHL trial.

Call **1-800-882-2525** to speak to a Roundup® / Lymphoma attorney.

The Miller Firm LLC
TRIAL LAWYERS
www.MillerFirmLLC.com
108 Railroad Ave. ; Orange, VA 22960

800-882-2525

CAN'T STAY SOBER?



6500 residents with resilient recoveries, 30 years of leadership in recovery housing...What are YOU waiting for?

➤ We offer a safe, affordable and powerful recovery housing

➤ And a community designed to support you in achieving long-term sobriety

CLEAN & SOBER

TRANSITIONAL LIVING

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visit www.clean-and-sober-living.com



SEE MORE EVENTS AND SUBMIT YOUR OWN AT NEWSREVIEW.COM/SACRAMENTO/CALENDAR

◀ CALENDAR LISTINGS CONTINUED FROM PAGE 29

SPORTS & OUTDOORS

THURSDAY, 5/23

WATERFRONT YOGA: Pick your day to get your stretch on—there are four days a week where Old Sacramento becomes Hold Sacramento—as in, hold that yoga pose! **6:30pm, no cover.** Old Sacramento Waterfront, 1002 Front St.

FRIDAY, 5/24

MENTAL HEALTH MATTERS NIGHT: Join Each Mind Matters for this Mental Health Matters Night at the Sacramento River Cats. They're playing the Salt Lake Bees. **7pm, \$10-\$20.** Raley Field, 400 Ballpark Drive in West Sacramento.

LGBTQ

SATURDAY, 5/25

Q-PROM 2019: Q-Prom is back for another year of youth prom activities for LGBTQ+ youth. The theme of the year is The Enchanted Garden, so come test out your green thumb in an inclusive, safe, welcoming environment. **7pm, \$10-\$15.** Sac State University Ballroom, 6000 J St.

TAKE ACTION

THURSDAY, 5/23

2019 DISABILITY & AGING CAPITOL ACTION DAY: Unite to support people with disabilities as well as older adults in this day of action and support. There are all-day activities and education along with a trek to the Capitol. Register in advance. **10am, no cover.** Cesar Chavez Plaza, 910 I St.

BUILDING BRIDGES FOR COMMUNITY EMPOWERMENT AND SOCIAL JUSTICE: Shirley Weber will be the keynote speaker at this fundraiser for CRISJ, the Center on Race,

Immigration and Social Justice. **6pm, \$15-\$25.** Sacramento State University Alumni Center, 6000 J St.

CCHAT FRIENDS FOR BREAKFAST: Join the CCHAT for a breakfast, some networking and some education about the services the organization provides to children who are deaf or hard of hearing. **9am. No cover.** CCHAT Center Sacramento, 11100 Coloma Road in Rancho Cordova.

CLASSES

THURSDAY, 5/23

SCIENCE CAFE: Join in the conversation with Frederick J. Meyers, director for the Center for Precision Medicine, along with Jacqueline Garcia from All of Us Research Program. **6pm, no cover.** Old Soul at 40 Acres, 3434 Broadway.

SUBURBAN PERMACULTURE: This class on creating green and resilient homes is presented by Jan Spencer. **7pm, \$10 suggested donation.** Ooley Theatre, 2007 28th St.

FRIDAY, 5/24

WHOLISTIC COOKING CLASS AND COMMUNITY MEAL: Grab a notepad and listen up, because you're going to learn how to make potstickers. Bring a dessert dish if you'd like, because there's a community meal after the class. **6pm, \$25-\$45.** Temple KUKURI, 10723 Fair Oaks Blvd. in Fair Oaks.

SATURDAY, 5/25

INTUITIVE PAINTING CLASS: Join Cara Emilia for an intuitive painting class, a calming, free expression facilitated by paint. You'll have 80 square inches of canvas to fill with your intuitions over two hours. **1pm, \$50.** Broad Room Creative Collective, 2311 S St.

WEDNESDAY, 5/29

FALLS PREVENTION THROUGH MOVEMENT: Join Sacramento Ballet for a dance-based class to help prevent falls, aimed at seniors and held by former prima ballerina Cynthia Drayer. **10am, no cover.** Sacramento Ballet, 2420 N St.

FRIDAY, 5/24

American Haiku Archives Visit

CALIFORNIA HISTORY ROOM, STATE LIBRARY AND COURTS II BUILDING, NOON, NO COVER

Spring's rays open doors—poems written by lovers, housed in state archives. Come join in this visit to the American Haiku Archives, the largest collection of haiku poetry outside of Japan. This event will feature a talk from Judy Halebsky, a Japanese poetry specialist. Learn about the nature-themed poems, peruse the archives and discover some hidden beauty in the city. **900 N Street, Suite 200, americanhaikuarchives.org.**

ART



PHOTO COURTESY OF GARY BENDIS