

## SATURDAY, 8/3

### Fitness Rangers Pop Up Bootcamp WINN PARK, 9AM, NO COVER

What's more fun than participating in a pop-up event? The answer may surprise you: Keep

**SPORTS & OUTDOORS** reading for the answer—nothing is more fun than participating in a pop-up event. This particular one is hosted by East Sacramento's Fitness Rangers, and it's a free exercise bootcamp. Register online, fill out a waiver, and get ready to exercise 'til you achieve, to sweat 'til you get real sweaty and feel accomplished. It's part of a series of Saturday morning park workouts, so drop in and do cardio, body weight exercise, interval and strength training. 1616 28th St., [fitnessrangers.net/pop-up-bootcamp](http://fitnessrangers.net/pop-up-bootcamp).



PHOTO BY FITSUM ADMASU

## SUNDAY, 8/4

**COMMUNITY SINGING CIRCLE:** Who likes singing in a group of people who also like singing? The folks at this event, of course. You're welcome to be one of those people at this event, where you'll add your voice to a chorus of singing and shifting sound. 2pm, \$10-\$20. Sol Collective, 2574 21st St.

**THE WAIFS:** Ready for some rock 'n' roll music with a folk rock twist, the twist being that the music is folk music? Then you're definitely ready for the sweet sounds of Australia-based group the Waifs. 7pm, \$45. Sofia Tsakopoulos Center for the Arts, 2700 Capitol Ave.

**WILLIAM CLARK GREEN:** Even folks from Flint, Texas are making an appearance this week, with the country music stylings of William Clark Green, further amping up the city's weekly allotment of twang. 7:30pm, \$15. Goldfield Trading Post, 1630 J St.

## MONDAY, 8/5

**LOS TIKI PHANTOMS:** Most, if not all members of Los Tiki Phantoms are going to be performing their spooky rock music, wearing their scary skeleton masks and being enigmatic. Los Frenéticos and the Me Gustas are also performing, though they may be less scary and enigmatic. 7:30pm, \$12-\$15. Momo Sacramento, 2708 J St.

## TUESDAY, 8/6

**CHARMING LIARS:** Egalitarian thinkers imagine a world where equality reigns supreme—Charming Liars and Ivy Wood imagine a world where alternative rock music reigns supreme; they probably want world equality, also. 7pm, \$10-\$12. Momo Sacramento, 2708 J St.

## WEDNESDAY, 8/7

**DOUBLE VISION REVISITED:** Most folks, when mentioning the album *Double Vision*, mean the Foreigner studio album from 1978—NOT TODAY! That's right, for one night only, Bob Jones and David Sanborn reunite for one evening of jazzy revisitation of their 1986 album of the same name (as the Foreigner one). Marcus Miller, Billy Kilson and Larry Braggs are also joining in the fun. 8pm, \$72-\$102. Harris Center, 10 College Parkway in Folsom.

## FESTIVALS

### FRIDAY, 8/2

**AUBURN UKULELE FESTIVAL:** By far, the smallest stringed instrument might be the ukulele. This festival is anything but small, though—with two whole days celebrating the tiny Hawaiian instrument inspired by the Portuguese machete. This festival has open microphones, tons of performances, workshops and much more. There's music from Daniel Ho, Abe Lagrimas Jr. and the Peewee Ukulele Orchestra, plus plenty more. 7pm, \$25-\$55. State Theater, 985 Lincoln Way in Auburn.

**CLASSY HIPPIE TEA FIRST FRIDAY NIGHT MARKET AND LOUNGE SESSION:** Every first Friday brings excitement—this one also brings a night market, one bringing music together with art and vendors. 5pm, no cover. Classy Hippie Tea Co., 3226 Broadway.

### SATURDAY, 8/3

**AUBURN UKULELE FESTIVAL:** Remember, the ukulele festival is two days—this is the second day. 9am, \$25-\$55. State Theater, 985 Lincoln Way in Auburn.

**CAROL MANSON & THE BLUE SKIES BAND:** There's music in that Brickhouse! Additionally, there's a Summer Jazz Fest with Chet Chwalk, art from Milton Bowens, food, vendors and more. 7pm, \$22-\$25. The Brickhouse Gallery & Art Complex, 2837 37th St.

**CRAFT BREWFEST & WINE TASTING:** Of all the brewfests in all the Citrus Heights area in the world, you had to read the blurb for this one. Grab some great food, great live music and great drinks at this brewfest and wine tasting event. 5pm, \$15-\$45. Historic Rusch Home, 7301 Auburn Blvd. in Citrus Heights.

**UPTOWN MARKET ON THE BOULEVARD:** There's only one Uptown Market on the Boulevard, and you're invited to join in the exciting time. There are vendors, music, sustenance and more. Noon, no cover. Uptown Market, 1409 Del Paso Blvd.

### SUNDAY, 8/4

**DAVIS CRAFT & VINTAGE FAIR:** It's another installment of the crafts and vintage fair in downtown Davis. There will be music, food, crafts and plenty of things to peruse

CALENDAR LISTINGS CONTINUED ON PAGE 34 ►

## THREE NIGHT EVENT

### GIRLS' NIGHT OUTBACK



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