



We are a small college and career themed high school preparing students for life! Students will graduate ready for a four year college and an entry level career in the health field.



UC A-G COLLEGE
preparatory curriculum



Internships for **11TH and 12TH GRADE**



State of the art hospital simulation lab



College classes **ON CAMPUS**



SAFE AND CARING
environment



97%
graduation rate 2018



86%
college acceptance rate 2018



8
Educators of the Year on staff

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Arthur A Benjamin Health Professions High School (HPHS)
(916) 395-5010 ext 501011 | hphsjaguars.com
College, Career, Civic and Life Ready Students



SIN&R *sweetdeals*
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GET MORE, SPEND LESS.

Food & Drink CONTINUED FROM PAGE 28

Best local beer name that makes you chuckle

1. NUKIN' FUTZ, TRACK 7 BREWING COMPANY

various locations; track7brewing.com

2. WAKE ME UP BEFORE YOU COCOA, NEW GLORY CRAFT BREWERY

8251 Alpine Ave.; (916) 451-9355; newglorybeer.com

3. MONKEY KNIFE FIGHT, TOWER BREWING COMPANY

1210 66th St., Suite B; (916) 272-4472; towerbrewingcompany.com

Best midnight snack

1. UNCLE VITO'S SLICE OF N.Y.

various locations; unclévito.com

2. INK EATS & DRINKS

2730 N St.; (916) 456-2800; inkeats.com

3. BURGERS AND BREW

various locations; burgersbrew.com

Best new restaurant

1. BEAST & BOUNTY

1701 R St.; (916) 244-4016; eatbeastandbounty.com

2. ALARO CRAFT BREWERY

2004 Capitol Ave.; (916) 436-7711; alarobrewing.com

3. LA CROSTA PIZZA BAR

330 3rd St., West Sacramento; (916) 389-0372; lacrostapizzabar.com

Best outdoor patio to kick it

1. TOWER CAFE

1518 Broadway; (916) 441-0222; towercafe.com

2. LOWBRAU

1050 20th St.; (916) 706-2636; lowbrausacramento.com

3. URBAN ROOTS BREWING & SMOKEHOUSE

1322 V St.; (916) 706-3741; urbanrootsbrewing.com

Best pastry chef

1. KIRA O'DONNELL BABICH, REAL PIE COMPANY

2425 A 24th St.; (916) 838-4007; realpiecompany.com

2. TRISTINE MCKEE, THE PORCH RESTAURANT & BAR

1815 K St.; (916) 444-2423; theporchrestaurantandbar.com

3. LISA DEBERNARDI, THE WATERBOY

2000 Capitol Ave.; (916) 498-9891; waterboyrestaurant.com

Best place for Chinese food

1. FRANK FAT'S

806 L St.; (916) 442-7092; frankfats.com

2. JOURNEY TO THE DUMPLING

7419 Laguna Blvd., Suite 180, Elk Grove; (916) 509-9556; journeytothedumpling.com

3. GOLDEN DRAGON

8470 Elk Grove Blvd., Suite 130, Elk Grove; (916) 683-9828; goldendragon.info

Best place for Indian food

1. BOMBAY BAR AND GRILL

1315 21st St.; (916) 441-7100; bombaybarngill.com

2. KATHMANDU KITCHEN

various locations; kathmandukitchensacramento.net

2. INDIA OVEN

7423 Laguna Blvd., Suite 100, Elk Grove; (916) 249-0440; indiaoven.com

3. POOJA INDIAN GRILL

1225 Merkley Ave., West Sacramento; (916) 375-8906; poojaindiangrill.com

Best place for Italian food

1. PAESANOS

various locations; paesanos.biz

2. BIBA RISTORANTE ITALIANO

2801 Capitol Ave.; (916) 455-2422; biba-restaurant.com

3. IL FORNAIO

various locations; ilfornaio.com

Best place for Japanese food

1. RAIJIN RAMEN HOUSE

1901 S St.; (916) 498-9968; ramenhouseraijin.com

2. BINCHOYAKI IZAKAYA DINING

2226 10th St.; (916) 469-9448; binchoyaki.com

3. OSAKA-YA

2215 10th St.; (916) 446-6857; osakaya-wagashi.com

NOODLE LOVERS ...WE GOT YOU

ENJOY OUR DELICIOUS RAMEN BOWLS, APPETIZERS & DRINKS



3581 TRUXEL RD, SACRAMENTO | 916.692.8985 | KOSHIRAMEN.COM



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