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People & Places CONTINUED FROM PAGE 44

## Best person to follow on Twitter

### ARNIE STATES

If you miss the *Rob, Arnie and Dawn* the way it was, you have to catch them elsewhere. The trio from KRXQ's former morning show split in 2015, with Rob Williams and Dawn Rossi continuing on [radradio.com](http://radradio.com) through *Rob, Anybody and Dawn*. Fans of Arnie States' candid, funny and sometimes downright offensive reflections have followed him to his web podcast, *The Arnie States Show*, live weekdays from 7 a.m. to 11 a.m. States is also invading Twitter, where you can catch his NFL conspiracy theories and rants about George Strait getting snubbed at the Academy Awards.

Twitter: @ArnieShow; [arnieradio.com](http://arnieradio.com). **Mozes Zarate**

## Best place to take an out-of-town quest

### 1. OLD SACRAMENTO WATERFRONT

1014 2nd St., Suite 200; (916) 970-5226; [oldsacramento.com](http://oldsacramento.com)

### 2. CROCKER ART MUSEUM

216 O St.; (916) 808-7000; [crockerartmuseum.org](http://crockerartmuseum.org)

### 3. AMERICAN RIVER BIKE TRAIL

[regionalparks.saccounty.net](http://regionalparks.saccounty.net)

## Best public servant

### 1. GOV. GAVIN NEWSOM

[gov.ca.gov](http://gov.ca.gov)

### 2. U.S. REP. DORIS MATSUI

[matsui.house.gov](http://matsui.house.gov)

### 3. MAYOR DARRELL STEINBERG

[cityofsacramento.org/Mayor-Council/Districts/Mayor](http://cityofsacramento.org/Mayor-Council/Districts/Mayor)

## Best radio host

### 1. PAT MARTIN

98 Rock (98.5 FM KRXQ); [krxq.radio.com/hosts/pat-martin](http://krxq.radio.com/hosts/pat-martin)

### 2. BETH RUYAK

Insight With Beth Ruyak (90.9 FM KXJZ); [capradio.org/about/bios/beth-ruyak](http://capradio.org/about/bios/beth-ruyak)

## 3. CRISTINA MENDONSA

Newsradio (93.1 FM KFBK); [cristinamendonsa.com](http://cristinamendonsa.com)

## Best reason to watch local TV

### 1. EDIE LAMBERT

Anchor, KCRA 3; Twitter: @KCRAEdieLambert

### 2. MARK S. ALLEN

Anchor, ABC 10; Twitter: @tvmarksallen

### 3. ROB STEWART

Rob On The Road, KVIE; Twitter: @KVIERob

## Best rebel with a cause

### 1. TANYA FAISON

Founder, Black Lives Matter Sacramento; [facebook.com/BlackLivesMatterSac](http://facebook.com/BlackLivesMatterSac)

### 2. MAYA WALLACE

Vice chairperson, Sacramento Metropolitan Arts Commission; [sacmetroarts.org](http://sacmetroarts.org)

### 3. ART LUNA

Owner, Luna's Cafe & Juice Bar; [lunascafe.com](http://lunascafe.com)