

'Tis the season for snacks, wine and making decorative wreaths at Nina Booth's Holiday Wreath Workshop.



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COVER DESIGN BY SARAH HANSEL

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Sacramento News & Review

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## Men: It's okay to talk about low testosterone.

Decreased sexual desire?

Feel fatigued? Depressed mood?

What you're feeling could be related to low testosterone (hypogonadism).

Consider joining the TRAVERSE research study for men age 45 – 80 who have symptoms of low testosterone (hypogonadism) and have a history or risk of heart disease or stroke.

If you volunteer and qualify, your participation will last up to approximately 5 years. During that time you'll receive testosterone replacement therapy or placebo in the form of a gel that you'll apply to your skin. Your health is very important to us, and will be monitored throughout the study.

If you qualify, you may potentially receive:

- Testosterone replacement therapy or placebo
- Study-required medical care from a study doctor

You also might be eligible for some compensation for participation.

Jennifer Hurst, CCRC, Site Director  
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## EXPERIENCING FLU SYMPTOMS?

We're researching an investigational flu medication.



DIAMOND

IRB Approved at the Protocol Level Oct. 1, 2018

The DIAMOND Study is researching an investigation medication for people with influenza A (the flu). Doctors would like to see if adding it to standard care from flu can affect how quickly patients recover. They will also look at the safety of the investigational medication.

Participation in the DIAMOND Study may be open to those who:

- have started to get flu symptoms, such as ccugh, sore throat, stuffy nose, body aches, headache, fever, or tiredness
- are 13-65 years of age and have a long-term health condition (for example, a weakened immune system, lung disease, or a heart condition) or
- are 66-85 of age.

Study participation will last for about 28 days. Study medication will be provided at no cost.

To learn more, please contact Jennifer Hurst, CCRC, Site Director  
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