

well as free classes and workshops on everything from nutrition and babybonding to socialization and stress management.

"It depends on what the family is searching for," Schapira said.

Of course, not everything literally occurs on site. "We facilitate a lot of our services through referrals to other very knowledgeable resources in the area, but we don't just send families on their way and hope for the best," Schapira said. "We follow up to make sure they're getting what they need."

Home visitation also is an integral part of the program.

"Our home visitors meet with parents where families live," Schapira said. "They offer another supportive person in their lives, someone who can be there with you and make sure you're getting what you need."

The center's base is in the hundreds of families, and Schapira has seen many new faces since she arrived. "Word of mouth spreads," she said.

Another way the center recruits new families is through creative outreach activities.

"We love to be out in the community, meeting families," she said. "We go to places where we know they will be – grocery stores, laundromats, apartment houses, places of worship. We just went to a turkey giveaway, where more than 70 families filled out interest forms. We followed up and invited them here to learn more about us."

So, is the center making a difference in North Sacramento?

"Definitely," Schapira said. "I strongly believe powerful interactions create a lifetime of change, and every day we're making them with parents, grandparents, aunts, uncles and children.

"It's an organized storm," she added, "and sometimes life is messy. The great thing is, we understand that."

P NORTH SACRAMENTO FAMILY RESOURCE CENTER

1217 Del Paso Blvd., Suite B Sacramento, CA 95815 (916) 679-3743 www.kidshome.org

UPCOMING EVENTS

SATURDAY, DEC. 21 Uptown Market on the Boulevard

NOON | FREE

Swing through Old North Sacramento and shop a variety of local artists and makers in this makers market hosted by River City Marketplace while enjoying live music, food and drinks.

Uptown Market
1409 Del Paso Blvd.
Sacramento
www.rivercitymarketplace916.com

SATURDAY, DEC. 21 King Cong Brewing Two-Year Anniversary Party NOON | FREE

Celebrate the holidays and the second anniversary of King Cong Brewing Company! Come festive in an ugly sweater or Santa hat and enjoy sounds from a DJ, a photo station, prize wheel, and if weather permits, an outdoor pop-up cigar lounge!

King Cong Brewing Company
1709 Del Paso Blvd.
Sacramento
www.kingcongbrewing.com



SATURDAY, DEC. 21 King Cong Brewing Two-Year Anniversary Party

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