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DEL PASO



It's a family affair at Colo's Soul Food and Seafood restaurant, where chef Kevin McCree, left, Kennedy McCree and Tamar McCree keep customers happy.

PHOTO BY ANNE STOKES

Colo's spices up neighborhood

Former Oak Park restaurateurs bring popular soul food north

BY ALLEN PIERLEONI

Things have been somewhat hectic since Kevin and Tamar McCree's soft opening of Colo's Soul Food & Seafood on Nov. 1.

"We've been playing octopus arms" is how Kevin McCree puts it.

But one look at the menu and a taste (or two or three) of what's coming out of the kitchen and it's apparent the McCrees have it together.

Wrap your appetite around fried chicken smothered in homemade gravy, shrimp 'n' grits, fried catfish and oysters

dredged in house-made Cajun seasoning and fried to golden crispness. One luscious dish rarely seen in Sacramento is smoked, deep-fried ribs; a soul-food delicacy.

Let's not overlook the 10 homemade side dishes, from black-eyed peas and collard greens, to red beans and mac 'n' cheese. Don't forget the cornbread.

If you're in a hurry, the menu offers an eight-item grab 'n' go lunch selection, starring an all-beef link, hot or mild.

In fact, it was the grab 'n' go model (including barbecue) that established the McCrees in Sacramento after their move from Oakland. Their to-go stand, Cora Lorraine's, operated inside Sam's Market in Oak Park. They built a loyal clientele there (which has followed them to Colo's) over five years.

"A lot of our customers at Cora Lorraine's came to us from North



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